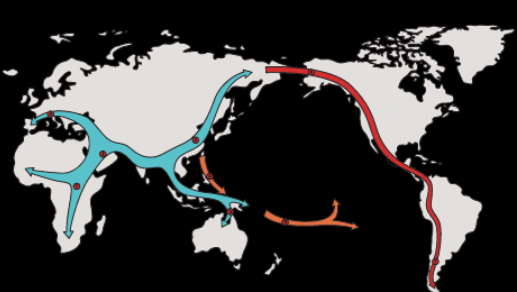


# MIGRANT NEW BEGINNINGS



## HEALTHY EATING WORKSHOP

Join our healthy eating workshop

Friday 12pm  
to 2pm

Learn basics of healthy eating and  
nutrition  
Tips for meal planning

CReArt  
Community centre

Enjoy cooking together with the  
community

3 Castle Street - DY1 1LA  
07561702464  
creheartcommunity@gmail.co

